

NEWS RELEASE

For Immediate Release

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Mental Health Workshop Focuses on Helping Families Understand and Cope with Mental Illness

Woodbridge, VA – Alpha Kappa Alpha Sorority Incorporated®, Omicron Chi Omega (OCO) Chapter will host its second Mental Health Workshop on May 18, 2024, 10 a.m. - Noon at Freedom High School in Woodbridge, Va. Speakers will include Dr. Kudiratu Proctor and Dr. Yushekia Woodford from the Howard University Hospital Department of Psychiatry and OCO member Dr. Persephone Tia Brown.

“We are very excited to host this event again for the Prince William County community,” said OCO President Christina Henry Roberson. “We know that mental health is a concern for families who have young children and we want to provide a forum where those families can get access to resources that can help.”

This workshop is part of a broader, national effort by the sorority to fortify families by addressing child hunger and promoting positive youth development and leadership, mental well-being, and senior life. Residents of Prince William County can stay in touch with OCO’s activities by visiting ocoaka.com.

About Alpha Kappa Alpha Sorority, Inc.® and Omicron Chi Omega Chapter

Alpha Kappa Alpha Sorority, Incorporated® (AKA), a 115-year-old international service organization founded on the campus of Howard University in Washington, D.C. Comprised of more than 325,000 members who hail from 1,060 graduate and undergraduate chapters worldwide, Alpha Kappa Alpha is the nation’s oldest Greek letter organization established by African American college-educated women. The Mid-Atlantic Region of Alpha Kappa Alpha Sorority, Incorporated® has 130 chapters and 13,000 members in North Carolina and the Commonwealth of Virginia. For more information visit aka1908.com.

The Alpha Kappa Alpha Sorority, Incorporated® Omicron Chi Omega Chapter was chartered in 1985. The chapter has been serving the Greater Prince William County community for 38 years and has received many community awards as well as recognition by the State of Virginia for its engagement in numerous service programs. For more information on Omicron Chi Omega, visit omicronchiomega-aka.com.

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