



Alpha Kappa Alpha Sorority, Inc.  
Omicron Chi Omega Chapter  
Target II: Women's Healthcare and Wellness



Meeting Notes

**Meeting Date:** Monday, January 13, 2020 **Meeting Time:** 7:00 – 8:00 PM ET  
**Meeting Location:** Teleconference  
**Meeting Teleconference Line:** 1-605-313-5086 **Participant Code:** 479023#

**Attendees**

Name		Name	
Soror Nicole Mills	<input checked="" type="checkbox"/>	Soror Debra Deloney	<input checked="" type="checkbox"/>
Soror LaToya Haynes	<input checked="" type="checkbox"/>	Soror Gwen Boyd	<input checked="" type="checkbox"/>
Soror Gwen Belcher	<input checked="" type="checkbox"/>	Soror Wanda Richards	<input checked="" type="checkbox"/>
Soror Michele Jordan	<input checked="" type="checkbox"/>	Soror Melissa Thomas	<input type="checkbox"/>
Soror Pauline Hunter	<input checked="" type="checkbox"/>	Soror Ahwanna Williams	<input type="checkbox"/>
Soror Stephany Officer	<input checked="" type="checkbox"/>	Soror Cherrelle Lamptey	<input type="checkbox"/>
Soror Malika Day	<input checked="" type="checkbox"/>	Soror Tatana Todd	<input checked="" type="checkbox"/>
Soror Valerie Butler	<input checked="" type="checkbox"/>	Soror Freda Ford	<input checked="" type="checkbox"/>
Soror Miranda Boozer	<input checked="" type="checkbox"/>	Soror Deborah Rodriguez	<input checked="" type="checkbox"/>

**Agenda topics**

- ❖ Walking with Supreme awards correction
- ❖ February Chapter Meeting Attire
- ❖ Pink Goes Red Impact Day
- ❖ Mammogram Awareness Day
- ❖ May 16 Mental Health and Wellness Expo
- ❖ Next Meeting Date
- ❖ Closure

**Discussion Highlights**

- The meeting began at 7:05pm with meditation by Soror Gwen Belcher.
- Clarification for Walking with the Supreme Challenge- Soror Shamala Boyd actually was the second place with steps and not Soror Shanay Boyd. It was recommended that moving forward, not to have the person calculating steps to be prizewinner due to potential conflict.

- We discussed having sorors wear red at the February Chapter meeting and take a chapter photo. We will contact Soror Christina and Anika about this.

## PINK GOES RED

- Pink Goes Red Community Impact Day is Friday 2/7/20. However, this is the same day as OCO stroll workshop from 7-9pm. Idea to have closed event for the chapter but have event 1hour earlier at 6pm at the Ferlazzo Building. I will reach out to Sisterly Relations committee to see if they are able to push back the practice on 2/7 to allow sorors to participate in the community impact day.
- I have reached out to Soror Kay Bratton about reserving Potomac Middle School for the event; however, no response has been received as of yet. I have also reached out to Soror Christina as well. I will check with Soror Marlene Coleman for use of her school.
- Soror Lorraine Bedeau has graciously volunteered to be Zumba instructor for the event. She teaches at Chinn Center. She states she teaches on Saturday mornings; however, she can speak to the staff and see we can use and/or participate in the class with the instructor who teaches on Friday night. Unfortunately, the Chinn Center charges \$12 for drop-in fee. Chinn Center closes at 8pm; therefore, the event would need to be 6-8pm. Soror Lorraine will also check with the Boys and Girls Club for facility use.
- Soror Gwen Boyd volunteered to make flyer and sign-in sheet. She volunteered Soror Shamala Boyd to help. Sorors Gwen Boyd and Debra Deloney will manage the registration desk. Soror Gwen also volunteered Soror Shamala to do the Eventbrite registration.
- Soror Wanda Richards will contact Risk Management for waivers for the participants.
- Soror Melissa Thomas has agreed to purchase heart healthy snacks and water for the event.
- Soror Michele Jordan will reach out to George Mason University to seek information on the use of their Aquatic Center.
- Depending on the facility we are able to acquire will determine the number of participants allowed and if there will be a need for security. Our budget is \$500.

## Mammogram Awareness Day

- Leadership will be rolling out Mammogram Awareness Day. There is a webinar scheduled for February 4<sup>th</sup> in reference to this. The OCO Breast Buddy program last year was a hit and some sorors would like to continue this for 2020. We will table this discuss for February meeting and try to start implementation in March along with Breast cancer awareness programs for as per our national guidelines.

### Mental Health and Wellness Expo

- Soror Carolyn Custard requested our support for Mental Health and Wellness Expo scheduled for May 16, 2020 at Freedom High School. Soror Pauline will reach out to both NAMI and the Cancer Treatment Centers of America to obtain handouts and information that we can use at our table.
- We will need to contact sorors in Storage at least 2 weeks prior to the event to get OCO banner and tablecloth to use.

Next meeting will be Monday, February 10<sup>th</sup>. We will try to schedule face-to-face meeting.

Closing prayer by Soror LaToya Haynes.

Meeting adjourned at 8:05pm.